

## ABSTRACT

### Topic

Analysis of competition reports step aerobics „Žij pohybem 2015“

### Objective

The aim of the work is based on theoretical knowledge and the 4 important criteria find out the development trends for future seasons in this category.

### Methods

For achieving the goal of my thesis I used the method of analysis. By watching the videos footage repeatedly, I decided to analyze three different competition line – ups of the event „Žij pohybem 2015" in category Step teams. Each set was evaluated based on 4 categories - technical parameters, esthetic parameters „A“, esthetic parameters „B“ and content parameters of the set.

### Conclusion

The finding is the possible development trends in the competition Live motion based on an analysis of three competing sets category Step teams.

### KEY WORDS

step, organization FISAF and FIG , rules, choreography